

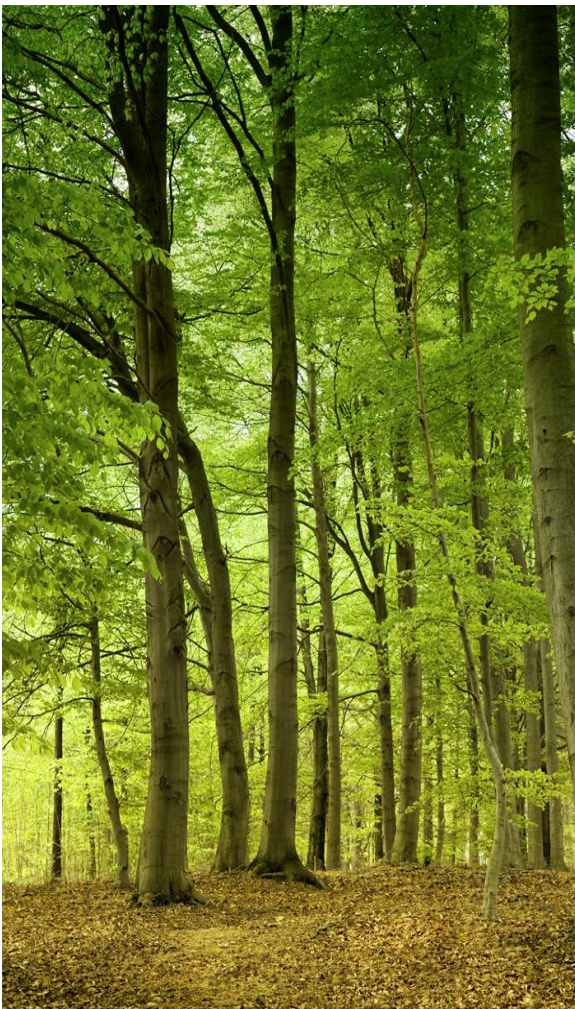


2011 Fall Retreat Alaska Healthy Nurses Mind, Body and Soul

The retreat will be held at the scenic Alyeska Hotel, November 5-6, 2011. This year's theme will be "**Alaska Healthy Nurses-Mind, Body and Soul**". The Fall Retreat will offer a range of educational nursing classes combined with self care and pampering for a relaxing and educational weekend. Attendees will receive approximately **6 CE's**.

CE OFFERINGS

- **Disaster Planning-For Your Family and Community**—*LeMay Hupp*
- **Vitamin D and Cancer Prevention, Good Nutrition for Women**—*Bethany Buchanan*
- **Hormone Replacement Therapy (HRT)**—*Nancy Nelson*
- **Ethics-Healthy Workplace Dynamics**—*TK Kleiner*
- **Ethics-Moral Distress and How It Affects Nurses**—*Debbie Thompson*
- Panel Discussion—A Summary of Understanding and Application of this Year's Fall Retreat "Alaska Healthy Nurses-Mind, Body and Soul"



Saturday, November 5th: 8am-3pm

6 CE's

Sunday, November 6th: 8am-1pm

Buffet Breakfast

Annual Business Meeting for all Members

Registration Fee: \$125 Members
\$175 Non-Members

Call AaNA to Register: 907-274-0827

Hotel Group Rate: \$119.00 + tax per night
Alyeska Reservations: 754-2111/800-880-3880

REGISTRATION DEADLINE: October 17th

Late fee of \$15.00 applies for registration or changes after October 17th.

Join AaNA and save \$25.00 off the Membership Fee

For more information or to register
contact AaNA at
907-274-0827 or email:
christine@aknurse.org