American Heart Association/American Stroke Association

Get With The Guidelines®
STRIVE TO REVIVE & STROKE WORKSHOP

Thursday, April 3rd - 10:00AM - 2:30PM
Registration begins at 9:30AM Thursday
Friday, April 4th - 8:00AM - 2:30PM
Registration begins at 7:30AM Friday

Hosted by
Providence Alaska Medical Center
3200 Providence Drive
Anchorage, AK 99508
Phone: 907.562.2211

This workshop is provided at no cost. Continuing Education Units available.
MEET YOUR GET WITH THE GUIDELINES TEAM:

Rea Anne Arcangel, BSN, MBA
Vice President
Quality & Systems Improvement
(916) 446-6505
ReaAnne.Arcangel@heart.org

Heidi Otto, MHS
Regional Director
Quality & Systems Improvement
(208) 384-5066
Heidi.Otto@heart.org

JoAnne Pineda, MBA
Senior Program Director
Quality & Systems Improvement
(650) 259-6736
JoAnne.Pineda@heart.org

For more information on Get With The Guidelines, please visit: www.heart.org/quality
Day 1 - Strive to Revive / Sudden Cardiac Arrest

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<tr>
<th>TIME</th>
<th>PRESENTATION TITLE</th>
<th>FACULTY</th>
<th>PRESENTATION CONTENT DESCRIPTION</th>
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<tbody>
<tr>
<td>9:30 AM - 10:00 AM</td>
<td>Registration &amp; Breakfast</td>
<td></td>
<td>Heart healthy catering provided by Providence Alaska Medical Center</td>
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<tr>
<td>10:00 AM - 10:15 AM</td>
<td>Welcome</td>
<td>Heidi Otto, MHS&lt;br/&gt;Regional Director&lt;br/&gt;Quality &amp; Systems Improvement&lt;br/&gt;American Heart Association/American Stroke Association</td>
<td>Welcome</td>
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<tr>
<td>10:15 AM - 11:15 AM (Including Q&amp;A)</td>
<td>The Science Behind Effective CPR</td>
<td>Michael Levy, MD, FACEP, FACP&lt;br/&gt;Medical Director&lt;br/&gt;Anchorage Fire Department&lt;br/&gt;Anchorage, AK</td>
<td>1. Discuss the importance of early CPR&lt;br/&gt;2. Analyze the contribution of different manners of CPR delivery&lt;br/&gt;3. Discuss the controversies surrounding mechanical CPR</td>
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<tr>
<td>11:15 AM - 12:15 PM (Including Q&amp;A)</td>
<td>Pediatric Resuscitation</td>
<td>Lynda J. Knight, MSN, RN, CPN&lt;br/&gt;Resuscitation Program Education and Quality Director&lt;br/&gt;Director of AHA Training Center&lt;br/&gt;Co-Chair LPCH Code Committee&lt;br/&gt;Lucile Packard Children’s Hospital at Stanford&lt;br/&gt;Stanford, CA</td>
<td>1. Review of key elements for recognition and treatment of pediatric cardiac arrest&lt;br/&gt;2. Discussion of critical issues in pediatric vs. adult resuscitation protocols&lt;br/&gt;3. Review of case examples to illustrate resuscitation principles</td>
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<tr>
<td>12:15 PM - 1:30 PM (Including Q&amp;A)</td>
<td>Working Lunch&lt;br/&gt;Converting Science to Practice Using Get With The Guidelines</td>
<td>Tanya Lane Truitt, RN, MS&lt;br/&gt;Quality Systems Improvement Consultant: Resuscitation&lt;br/&gt;Get With The Guidelines&lt;br/&gt;Dallas, TX</td>
<td>Heart healthy catering provided by Providence Alaska Medical Center&lt;br/&gt;1. Outline of the AHA GWTG-Resuscitation in-hospital patient registry, description of the program features, and discussion of how science influences the data elements and measures</td>
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<tr>
<td>1:30 PM - 2:30 PM (Including Q&amp;A)</td>
<td>Closing the Code Team Gap</td>
<td>Lynda J. Knight, MSN, RN, CPN&lt;br/&gt;Resuscitation Program Education and Quality Director&lt;br/&gt;Director of AHA Training Center&lt;br/&gt;Co-Chair LPCH Code Committee&lt;br/&gt;Lucile Packard Children’s Hospital at Stanford&lt;br/&gt;Stanford, CA&lt;br/&gt;Tanya Lane Truitt, RN, MS&lt;br/&gt;Quality Systems Improvement Consultant: Resuscitation&lt;br/&gt;Get With The Guidelines©&lt;br/&gt;Dallas, TX</td>
<td>(Presentation &amp; Group Discussion)&lt;br/&gt;1. After a brief presentation regarding the culture of resuscitation quality improvement, participants will participate in an open discussion regarding application within their own facilities.</td>
</tr>
<tr>
<td>2:30 PM</td>
<td>Closing</td>
<td>Heidi Otto, MHS&lt;br/&gt;Regional Director, Quality &amp; Systems Improvement&lt;br/&gt;American Heart Association/American Stroke Association</td>
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## Day 2 - Stroke

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<td>7:30 AM -</td>
<td>Registration &amp; Breakfast</td>
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<td>Heart healthy catering provided by Providence Alaska Medical Center</td>
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<tr>
<td>8:00 AM -</td>
<td>Welcome</td>
<td>Heidi Otto, MHS</td>
<td>Welcome</td>
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| 8:00 AM -      | Paralysis of Stroke                                     | Robert Lada, MD, D, ABSM                                               | 1. Understand the limitations in delivering emergent care of the Stroke patient in the United States and in the unique region of Alaska  
2. Explore the clinical culture of Stroke and the barriers to progressive, effective care for today's medical team |
| 9:00 AM -      | Stroke Door-to-Needles Times: What Can Be Done to       | Hannah Fernandez-Gothic, MS, RN-BC, CPHQ                              | 1. Discuss Kaiser Permanente Northern California's multi-site quality and process improvement approach to achieving and sustaining American Heart Association/American Stroke Association’s Target: Stroke Honor Roll status  
2. Describe various examples of Kaiser Permanente Northern California stroke program’s application of Performance Improvement methodology to analyze and reduce door-to-needle times |
| 9:45 AM -      | Break                                                   |                                                                        |                                                                                                                                                                                                |
| 10:00 AM -     | Pharmacy Medications: Old Issues New Medications and    | Katy Marconi, Pharm D                                                  | New Statin Rules  
1. Identify the 4 major groups of patients for whom cholesterol-lowering medications/statins have the greatest chance of preventing strokes  
2. State the recommended intensity of statin therapy for different patient groups  
New Anticoagulants  
1. Identify the new oral anticoagulants currently in clinical practice that have come into the market in the recent 12-16 months  
2. Determine if their use is appropriate in the prevention of stroke and/or nonvalvular AFib or state other uses for these medications |
| 10:45 AM       | (Including Q&A)                                         |                                                                        |                                                                                                                                                                                                |
## Get With The Guidelines
### Strive to Revive & Stroke Workshop
#### Friday, April 4th, 2014

### Day 2 - Stroke

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<tr>
<td>10:45 AM - 11:30 AM</td>
<td>Stroke in Alaska Native People</td>
<td>Brian Trimble, MD&lt;br&gt;Neurology&lt;br&gt;Alaska Native Medical Center&lt;br&gt;Anchorage, AK</td>
<td>1. Identify the new first line agents for the associated age category of patient&lt;br&gt;3. Understand which patient populations might not be good candidates for these new anticoagulants&lt;br&gt;Antihypertensives&lt;br&gt;2. How do stroke types in Alaska Native people compare with stroke types in the general US population</td>
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<td>(Including Q&amp;A)</td>
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<td>11:30 AM - 12:15 PM</td>
<td>Nurses Leading Change at the Point of Care: Achieving Best Practices</td>
<td>Teri Lynn Kiss, RN, MS, MSSW, CNML, CMSRN, CCRN&lt;br&gt;President-elect, AACN Board, 2013-2014&lt;br&gt;Director, Medical Unit-2South&lt;br&gt;Director, Case Management Services&lt;br&gt;Fairbanks Memorial Hospital&lt;br&gt;Fairbanks, AK</td>
<td>1. Describe the role of point of care nurses in quality improvement processes to ensure optimal patient outcomes&lt;br&gt;2. How does the age adjusted incidence and prevalence of stroke in Alaska Native people compare with other ethnic groups in the United States</td>
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<td>(Including Q&amp;A)</td>
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<tr>
<td>12:15 PM - 1:00 PM</td>
<td>Lunch</td>
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<td>Heart healthy catering provided by Providence Alaska Medical Center</td>
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<tr>
<td>1:00 PM - 1:45 PM</td>
<td>Multi-Center Study of Adverse Events After Tissue-type Plasminogen Activator Treatment for Ischemic Stroke</td>
<td>Hannah Fernandez-Gothic, MS, RN-BC, CPHQ&lt;br&gt;Quality - Accreditation, Regulation, and Licensing Department&lt;br&gt;Kaiser Permanente Northern California Region</td>
<td>1. Understand current background of this retrospective descriptive study&lt;br&gt;2. Explain when adverse events occurred during the first 24 hours after IV t-PA was administered for the treatment of ischemic stroke to provide evidence to guide post IV t-PA monitoring</td>
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<td>(Including Q&amp;A)</td>
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<tr>
<td>1:45 PM - 2:30 PM</td>
<td>Telestroke in Alaska</td>
<td>Robert Lada, MD, D, ABSM&lt;br&gt;Medical Director of Sleep Medicine&lt;br&gt;Director of Cerebrovascular Services&lt;br&gt;Providence Alaska Medical Center&lt;br&gt;Christie Artuso, Ed.D, RN, CNRN, SCRN, FAHA&lt;br&gt;Director of Neuroscience Services&lt;br&gt;Interim Director of Oncology Services&lt;br&gt;Providence Alaska Medical Center&lt;br&gt;Anchorage, AK</td>
<td>1. Educate the medical community on the effectiveness of Telemedicine reaching remote facilities for the emergent care of Stroke; as it relates to timely Stroke Interventions in the State of Alaska&lt;br&gt;2. Reveal barriers of care and the limited perspective of clinicians impeding the partnership in Telestroke and its outcomes</td>
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<tr>
<td>2:30 PM</td>
<td>Closing</td>
<td>Heidi Otto, MHS&lt;br&gt;Regional Director, Quality &amp; Systems Improvement&lt;br&gt;American Heart Association/American Stroke Association</td>
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### Faculty Biographies

**Christie Artuso, Ed.D., RN, CNRN, SCRN, FAHA**  
Director of Neurosciences Services  
Providence Alaska Medical Center  
Anchorage, AK  
*Faculty and Planning Committee Chair*

Christie Artuso, Ed.D., RN, CNRN, SCRN, FAHA is the Director of Neuroscience Services and the Interim Director of Oncology Services at Providence Alaska Medical Center. The Neuroscience Division includes a nationally-accredited stroke program, a nationally-certified concussion program, a nationally-accredited sleep disorders center, neurodiagnostic testing, and both inpatient and outpatient services for patients with neurologic and neurosurgical disorders. She has more than 34 years of educational and leadership experience in university-affiliated hospitals with recognized clinical expertise in critical care and neuroscience services.

She earned a diploma in Nursing from Geisinger Medical Center School of Nursing in 1979 and later earned a Bachelor of Arts in Nursing at The University of the State of New York in 1986. She went on to earn a Master of Arts in Nursing at New York University in 1989, a Certificate of Advanced Graduate Study from Nova Southeastern University in 2007 and completed a Doctorate of Education in Healthcare Education from Nova Southeastern University in 2009.

Her doctoral dissertation focused on the development of the telestroke program currently serving rural communities in Alaska. She is a nationally recognized speaker and an expert in the field of cardiovascular and cerebrovascular health and has published on numerous topics related to critical care and emergency medicine.

**Hannah Fernandez-Gothic, MS, RN-BC, CPQH**  
Quality – Accreditation, Regulation, and Licensing Department  
Kaiser Permanente Northern California Region, Oakland, CA

Hannah Fernandez-Gothic is a Clinical practice consultant for the Kaiser Permanente Foundation Hospitals across Northern California. She provides accreditation, regulation and licensing (AR&L) support for 21 Medical Centers across Northern California region. She additionally renders KP Northern California (NCAL) regional oversight support for The Joint Commission Disease Specific Care Primary Stroke Center (TJC DSC PSC) certification and Quality of all 21 stroke programs in Northern California. She was instrumental in attaining initial certification for over half of the KP NCAL Stroke programs, including South San Francisco’s in 2007, and continues to support the stroke programs’ maintenance of TJC DSC PSC recertification’s. In 2013 she was the recipient of the American Heart Association Appreciation Award, recognized for her work in quality cardiovascular disease management. She is currently the principal investigator of an IRB approved research study on timing of adverse events after Intravenous Tissue-type Plasminogen Activator (IV t-PA) Therapy for Ischemic Stroke, work which she has presented to the American Association of Neurological Nurses in Charlotte, North Carolina and recently at the 2013 International Stroke Association in San Diego, CA.

Hannah has 20 years experience as a registered nurse in both management and bedside nursing primarily in the emergency department with experience in interventional cardiac cath labs, ICU, telemetry. She has her Master's in nursing administration and nursing informatics with a minor in education from the University of California San Francisco. She has attained her Bachelor's of Science in nursing from Dominican University in San Rafael, CA. She is certified as an ACLS and PALS provider. She is board certified as a nurse informaticist and is a Certified Professional in Healthcare Quality.

**Disclosure:**  
Speakers’ Bureau: Genentech  
Conflict of Interest: Resolved  
No relevant financial relationship exists
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| **Robert Lada, MD, D, ABSM**  
Medical Director of Sleep Medicine  
Director of Cerebrovascular Services  
Providence Alaska Med Center  
Anchorage, AK  
*Faculty and Planning Committee Member*  
| I grew up in Ohio, where I received both my undergraduate and Medical Doctor degree from Case Western Reserve University. After graduation, I embarked on my residency at the University Hospitals of Cleveland, and also spent a few years teaching at my alma mater within the Department of Neurology, which first sparked my passion for neuroscience. I later joined a private neurology practice in Akron, and concurrently served as Director of Ohio Sleep Disorder Centers, Director of Cerebrovascular Medicine at Summa Health System and volunteered at the Akron Free Clinic.  
My interests lie primarily in stroke prevention, diagnosis and care; the diagnosis and treatment of multiple sclerosis; and management of sleep disorders. I spend much of my free time conducting research and lecturing in my field. I am on the Board of Trustees of the American Heart Association, and I also serve as Co-Director of Operation Stroke Summit County of the American Stroke Association.  
| Disclosure:  
Speakers’ Bureau:  
Bristol-Myers Squibb (Cardiovascular)  
Conflict of Interest:  
Resolved |
| **Teri Lynn Kiss, RN, MS, MSSW, CNML, CCRN-alumnus**  
Director, Medical Unit-2South  
Director, Case Management Services  
Fairbanks Memorial Hospital  
Fairbanks, AK  
| Teri Lynn Kiss, RN, MS, MSSW, CNML, CCRN, CCRN-alumnus, is director of Medical Unit-2South and Case Management Services at Fairbanks Memorial Hospital (a Banner facility), where she also worked as a staff nurse in the ICU from 1986 to 2011. She was an adjunct and assistant professor at the University of Alaska School of Nursing, Fairbanks, from 2002 to 2010 and a certified flight nurse for Fairbanks-based Guardian Flight Inc. - Critical Care Air Ambulance from 1998 to 2005. Prior to moving to Alaska, she held staff and management positions in Tennessee and Mississippi from 1977-1985.  
A member of the American Society of Professionals in Patient Safety, the Academy of Medical-Surgical Nurses and the National Association for Health Quality, Kiss earned a Bachelor of Science in nursing from the University of Southern Mississippi, Hattiesburg, in 1977. She received a Master of Science in Social Work from the University of Tennessee, Knoxville, in 1983 and a Master of Science in nursing education from the University of Alaska, Anchorage, in 2008.  
| No relevant financial relationship exists |
| **Lynda J. Knight, MSN, RN, CPN**  
Resuscitation Program Education and Quality Director  
Director of AHA Training Ctr.  
Co-Chair LPCH Code Committee  
Lucille Packard Children’s Hospital at Stanford, Stanford, CA  
| Lynda has been at Lucile Packard Children’s Hospital Stanford for the last 25 years with a strong background in pediatric critical care nursing and for the last 10 years as the Resuscitation Program Education and Quality Director. She co-Chairs the hospital wide code committee with the medical director of the PICU and reviews all of the actual codes and rapid response calls that occur at LPCH. She has had 2 recent publications, one in the February issue of Critical Care Medicine, associating simulation training with survival outcomes, and also in Journal for Healthcare Quality involving the implementation of CPR training of parents of high-risk patients at discharge, using the CPR Anytime kit™. She is on the GWTG-R Pediatric Research Task Force and has devoted much of her career to the education and process improvement involved with the assessment, emergency response, and skill retention of healthcare professionals in a pediatric resuscitation.  
<p>| No relevant financial relationship exists |</p>
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<tr>
<td><strong>Michael Levy, MD, FACEP, FACP</strong>&lt;br&gt;Medical Director&lt;br&gt;<strong>Anchorage Fire Department</strong>&lt;br&gt;<strong>Anchorage, AK</strong>&lt;br&gt;<em>Faculty and Planning Committee Member</em></td>
<td>Michael Levy M.D. FACEP, FACP is the first and current medical director for the Anchorage Fire Department. He was first appointed to the position in 1995. He has long had the privilege to be involved in EMS from rural, remote, urban, military, medevac to urban from Chicago to the Navajo Nation and for the last two decades in Alaska. His goal in EMS is to enable providers to improve the outcome of their patients through education, training and evidence. He has recently been elected to serve on the Board of Directors of the National Association of EMS Physicians. After completing undergraduate studies in Molecular, Cellular and Developmental Biology at the University of Colorado Boulder, he attended medical school at Northwestern University Medical School. He completed residencies in Emergency Medicine and Internal Medicine and is board certified in both as well as subspecialty board certified in EMS Medicine. He practices emergency medicine and EMS medicine in Anchorage, Alaska.</td>
<td>No relevant financial relationship exists</td>
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<tr>
<td><strong>Katy Marconi, Pharm D</strong>&lt;br&gt;Director of Pharmacy&lt;br&gt;Director of Clinical Quality&lt;br&gt;<strong>Doctors Hospital of Manteca</strong>&lt;br&gt;Manteca, CA&lt;br&gt;<em>Faculty and Planning Committee Member</em></td>
<td>Katy Marconi is the Director of Pharmacy and Director of Clinical Quality at Doctors Hospital of Manteca. In addition to director of pharmacy duties at the 73-bed acute care facility, Katy also acts as the hospital's Risk Manager, Quality Director, Joint Commission Coordinator, and Performance Improvement Director. Katy has been a registered pharmacist for 28 years and started her career with Tenet Healthcare as a pharmacist 28 years ago as well. She received her Bachelors of Science Degree in Biological Sciences at the University of California – Davis and her Doctorate of Pharmacy at the University of the Pacific. She is a Board Certified Psychiatric Pharmacist and an American Society of Health Systems Pharmacy Foundation Anticoagulation Management Certificate recipient.</td>
<td>No relevant financial relationship exists</td>
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<tr>
<td><strong>Melissa Meighan, MS, RN, CNRN</strong>&lt;br&gt;Stroke Coordinator&lt;br&gt;<strong>Oakland Medical Center</strong>&lt;br&gt;<strong>Kaiser Foundation Hospitals</strong>&lt;br&gt;<strong>Oakland, CA</strong></td>
<td>Melissa M. Meighan, MS, RN, CNRN, is a Stroke Coordinator with Kaiser Permanente East Bay Service Area. The East Bay Service Area cares for approximately 300,000 members with their actual or potential stroke needs in the East Bay area of San Francisco, California. She has over sixteen years of experience in the area of neuroscience nursing. Her experience includes bedside, education, management roles in neurocritical care, medical-surgical and rehabilitation in tertiary care centers and community hospitals. She has participated in stroke clinical trials for a neurointerventional radiology group as a research coordinator. She is a co-author of the American Association of Neuroscience Nursing Clinical Practice Guide to the Care of the Hospitalized Patient with Ischemic Stroke. Ms. Meighan has held the Certified Neuroscience Registered Nurse certification for over eleven years. She is currently a co-investigator of an IRB approved research study on timing of adverse events after Intravenous Tissue-type Plasminogen Activator (IV t-PA) Therapy for Ischemic Stroke, work which she has presented to the American Association of Neurological Nurses in Charlotte, North Carolina and recently at the 2013 International Stroke Association in San Diego, CA.</td>
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<th>Biography</th>
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<tbody>
<tr>
<td>Brian Trimble, MD</td>
<td>Neurologist, Alaska Native Medical Center, Anchorage, AK</td>
<td>Trimble attended medical school at the University of Nevada School of Medicine and graduated in 1984. After a one year internship in Internal Medicine at Reno, he moved to Seattle, Washington and completed his neurology residency. After completion of my residency in neurology, he spent a year as a stroke fellow with the department of Neurological Surgery at Harborview Medical Center. After finishing training in Seattle, Trimble took a commission with the U.S. Public Health Service. Trimble moved to Anchorage in August 1989 and started work at the Alaska Native Medical Center where he set up the neurology service within the Department of Internal Medicine and provide inpatient and outpatient neurological services to patients at the Alaska Native Medical Center, as well as 10 other sub-regional hospitals and clinics around Alaska. He is a Diplomat of the American Board of Psychiatry and Neurology for both the specialty of Neurology and the subspecialty of Vascular Neurology. Trimble is the principle investigator for the Alaska Native Stroke Registry. This is a population based, prospective, epidemiologic study of stroke in Alaska Natives. This study is supported under a cooperative agreement (1 U01 NS04069-A01A1) from the National Institutes of Health.</td>
<td>Research Grant: National Institute of Neurologic Disorders and Stroke</td>
<td>Resolved</td>
</tr>
<tr>
<td>Tanya Truitt, RN, BSN, MSN</td>
<td>Quality and Systems Improvement Consultant for American Heart Association's Get With The Guidelines, National Center, Dallas, TX</td>
<td>Tanya Lane Truitt, RN, BSN, MSN is a Quality and Systems Improvement Consultant for American Heart Association’s Get With The Guidelines program and specializes in Resuscitation. Tanya has over twenty years’ experience as a critical care nurse. Prior to accepting her current job with AHA, Tanya was an active volunteer. She has been an American Heart Association CPR Instructor since 1980 and served as both Instructor Trainer and Regional Faculty. She has been an Advanced Cardiac Life Support Instructor since 1992 and a Neonatal Resuscitation Program Instructor. She was one of the founding members of NRCPR now GWTG-Resuscitation. Tanya has developed and presented lectures on a variety of resuscitation topics nationally and internationally as well as co-authored research publications.</td>
<td>Employment: American Heart Association</td>
<td>Resolved</td>
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**Additional Planning Committee Members**

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<tr>
<td>Janis Gray, RN, BSN</td>
<td>Nurse Consultant/Program Manager, Heart Disease and Stroke Prevention Program, Section of Chronic Disease Prevention and Health Promotion, Alaska Department of Health and Social Services, Division of Public Health, Juneau, AK</td>
<td>No relevant financial relationship exists</td>
<td>Resolved</td>
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<tr>
<td>Ivy Hollinrake, RN</td>
<td>Nurse Manager, Cardiac Rehab, Fairbanks Memorial Hospital, Fairbanks, AK</td>
<td>No relevant financial relationship exists</td>
<td>Resolved</td>
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<tr>
<td>Diane Lada, RN</td>
<td>Clinical Database Administrator, Providence Alaska Medical Center, Anchorage, AK</td>
<td>No relevant financial relationship exists</td>
<td>Resolved</td>
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CONTINUING MEDICAL EDUCATION (CME) ACCREDITATION - PHYSICIANS
The American Heart Association is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The American Heart Association designates this live activity for a maximum of **10.00 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

All persons who develop and/or control educational content in CME activities sponsored by the American Heart Association will disclose to the audience all financial relationships with any commercial supporters of this activity as well as with other commercial interests whose lines of business are related to the CME-certified content of this activity. In addition, presenters will disclose unlabeled/unapproved uses of drugs or devices discussed in their presentations. Such disclosures will be made in writing in course presentation materials.

CONTINUING MEDICAL EDUCATION ACCREDITATION - PHYSICIAN ASSISTANTS
AAPA accepts certificates of participation for educational activities certified for **AMA PRA Category 1 Credit™** from organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a maximum of **10.00 hours of Category I credit** for completing this program.

CONTINUING MEDICAL EDUCATION ACCREDITATION - NURSE PRACTITIONERS
American Academy of Nurse Practitioners (AANP) accepts **AMA PRA Category 1 Credit™** from organizations accredited by the ACCME.

CONTINUING EDUCATION (CE) ACCREDITATION - NURSES
The American Heart Association is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation. The maximum number of hours awarded for this CE activity is **10.00 contact hours**.

CONTINUING EDUCATION ACCREDITATION – PHARMACISTS
The American Heart Association is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. **ACPE Credit: 10.00 Contact Hours or 1.00 CEUs.** Universal Program Number: 0256-0000-14-698-L01-P.

CONTINUING EDUCATION ACCREDITATION – EMERGENCY MEDICAL SERVICES
This continuing education activity is approved by the American Heart Association, an organization accredited by the Continuing Education Coordinating Board for Emergency Medical Services (CECBEMS), for **10.00 Advanced CEHs**, activity number 14-AMHA-F1-0220.

**Steps for Successful Completion**
To successfully complete this activity, learners must fully participate in the sessions. In addition, learners must provide feedback that will be used for evaluative and outcomes measurement purposes. Learners will check-in onsite for attendance verification purposes and will be required to provide evaluative feedback before CME/CE credit can be claimed.

**Post Workshop Instructions: Completing Evaluation & Claiming CME/CE**
- CME/CE will be available to claim online 5 - 7 business days post workshop. Please note that CME/CE credit will no longer be available for an activity once it has been over for more than 6 months.
- Following the activity, all attendees will be sent an email with a link to the Professional Education Center (PEC).
- Sign-in to the system using your AHA username and password. Your AHA username and password is the one you used or created when you registered for the activity online. If you did not register online, your username and password will have been sent to you in a separate email. If you did not receive the email containing your AHA username/password, please go to learn.heart.org. Click “Sign In”, then “Forgot username/password?”
- Complete the required evaluation survey online.
- Select the type of CME/CE certificate you need from the drop-down list.
- Modify the time you spent in the activity if applicable or leave it defaulted to the maximum available.
- Claim and print your CME/CE certificate on your own printer.
- The PEC is available at learn.heart.org.
Program Purpose
In alignment with the Impact Goal of the American Heart Association/American Stroke Association (AHA/ASA), focused on improving the cardiovascular health of all Americans by 20% while reducing deaths from cardiovascular diseases and stroke by 20% by 2020, the Get With The Guidelines program (GWTG) is designed to assist healthcare professionals in institutions implementing the AHA and American College of Cardiology treatment guidelines for patients discharged with coronary artery disease (CAD), heart failure (HF), and the AHA and ASA Prevention Guidelines in patients discharged with ischemic stroke.

GWTG is a comprehensive in-hospital program focusing on improving the compliance with primary and secondary prevention guidelines for cardiac and stroke patients upon discharge. Based on existing literature, improving physician compliance with medication and risk factor consultation upon discharge greatly reduces recurrent events and mortality. Evidence-based studies demonstrate marked improvement among patients when secondary prevention interventions are implemented in the hospital setting (which is referred to as the "teachable moment").

Course Learning Objectives
Attendees will be able to provide examples of how the cardiac arrest and stroke patient population will benefit from the healthcare provider’s adherence to the American Heart Association/American Stroke Association guidelines and explain quality improvement best practices relevant to caring for patients with sudden cardiac arrest and stroke. Presentation specific objectives are listed in content description.

Who Should Attend
- Acute Cardiac/Neurological Care
- Cardiologists
- Case Manager
- Chief of Neurology/Cardiology
- CNO/CNE
- Code Blue Committee
- CPR Trainers
- Data Information Manager/Analysts
- Director of Neurology/Cardiovascular Services
- Director of Quality Improvement
- EMS
- ER Physician/ER Nurse
- First Responders
- Hospitalists
- Lab
- Medical Director/Associate
- Neurologists/Neurosurgeons
- Neurology/Cardiac Rehab Nurse
- Nurse Primary Director
- Pharmacy
- Practitioner/CNS/PA
- Primary Care Physician
- Quality
- Radiology
- Rapid Response Team
- Rehab

Register Today!
This workshop is provided at no cost.
Please provide All of the following to ensure proper education credits:
Name, Title, Hospital, Address, Phone, Email

Heidi Otto, Regional Director at Heidi.Otto@heart.org
JoAnne Pineda, Senior Program Director at JoAnne.Pineda@heart.org

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